

Red hub blood glucose meter instructions

Any person with diabetes should test blood glucose at home before attending the red hub if they have testing equipment.

If not already done, every person with diabetes needs a finger prick blood glucose (BG) test at the hub.

If BG 12 or under, no action needed.

If BG >12, test blood ketones.

Red hub blood ketone meter instructions

Use exactly as you would test a blood glucose- put the strip in the meter and then add a drop of blood.

A person with type 1 diabetes should test their blood glucose (BG) and ketones at home and results recorded by the referring practice.

If not done already, test blood ketones in all people who have:

- type 2 diabetes and BG >12
- type 1 diabetes
- type 2 diabetes on an SGLT2i “gliflozin” medication and stop the medication immediately.

Blood ketone results:

<0.6- normal

0.-1.5- risk of DKA, will need to follow Trend sick day rules and recheck in 2 hours, phone urgent diabetes advice line if you or the patient need support.

1.6-2.9- phone the urgent diabetes advice line- see below.

3.0 or higher- admit via 999 ambulance stating patient has DKA.

Urgent advice:

South Derbyshire and Erewash: 01332 787671 Mon-Fri from 8am-6pm.

North Derbyshire: 07880 147785 available Mon-Fri 8am-5pm. DSNs at CRH also can be bleeped on 781 or in-patient nurses on 013 or 172.