

CLINICAL POLICY ADVISORY GROUP (CPAG)

Mastopexy (Breast Uplift) Policy

Statement

Derby and Derbyshire CCG has deemed that mastopexy should not routinely be commissioned unless the procedure is for breast reconstruction as part of the management of breast cancer, where one asymmetry procedure should be done.

These commissioning intentions will be reviewed periodically. This is to ensure affordability against other services commissioned by the CCG.

1. Background

Mastopexy is a surgical procedure that involves the removal of extra loose skin from the breast to help lift and reshape them. The procedure can lead to reduced sensation in the breast and nipple.

2. Recommendation

Mastopexy should not routinely be commissioned unless the procedure is for breast reconstruction as part of the management of breast cancer, where one asymmetry procedure should be done.

3. Rationale for Recommendation

The restriction of activity to just one procedure will improve patient outcomes by limiting post-operative complications to one spell and encourage providers to get surgery right first time. See link for more information: <https://improvement.nhs.uk/resources/general-surgery-report-how-improve-clinical-quality-and-efficiency/>.

4. Useful Resources

- British Association of Aesthetic Plastic Surgeons, Breast Uplift (Mastopexy), https://baaps.org.uk/patients/procedures/5/breast_uplift_mastopexy.
- General surgery report: how to improve clinical quality and efficiency, NHS Improvement, <https://improvement.nhs.uk/resources/general-surgery-report-how-improve-clinical-quality-and-efficiency/>.

5. References

- Breast Reconstruction, Breast Cancer Care, January 2018.
- British Association of Aesthetic Plastic Surgeons, Breast Uplift (Mastopexy), accessed 21/02/20, https://baaps.org.uk/patients/procedures/5/breast_uplift_mastopexy
- East Midlands Commissioning Policy for Cosmetic Procedures, version 2, 2014.

6. Appendices

Appendix 1- Consultation

All relevant providers/stakeholders will be consulted via a named link consultant/specialist. Views expressed should be representative of the provider/stakeholder organisation. CPAG will consider all views to inform a consensus decision, noting that sometimes individual views and opinions will differ.

Consultee	Date
Consultant Breast Surgeon, CRHFT	February 2020
Consultant Plastic and Reconstruction Surgeon, UHDBFT	February 2020
Consultant in Public Health Medicine, Leicestershire County Council and East Leicestershire and Rutland CCG	February 2020
Oncoplastic Breast Surgeons, UHDBFT	February 2020
Clinical Policy Advisory Group	March 2020
Clinical Cell	April 2020

Appendix 2- Document Update

Document Update	Date Updated
Version1- policy reviewed (policy originally taken from the East Midlands Policy for Cosmetic Procedures, 2014)	October 2018
Version 2 - policy re-formatted and re-worded to reflect the new organisation; policy reviewed; addition of 'Getting it Right First Time' link for further information.	March 2020

Appendix 3 - OPCS Code(s)

- B313 (mastopexy)