

## CLINICAL POLICY ADVISORY GROUP (CPAG)

### Rhinoplasty and Septo-rhinoplasty Policy

#### Statement

Derby and Derbyshire CCG (DDCCG) has deemed that rhinoplasty or septo-rhinoplasty should not be routinely commissioned unless **criteria 1, 2 AND 3** are met:

1. Continuous nasal airway obstruction resulting in significantly impaired nasal breathing is present
2. There is an association with septal or lateral nasal wall deformities\*\* or vestibular stenosis
3. Symptoms persist despite conservative measures for a minimum of three months,  
OR  
Asymptomatic nasal deformity\*\* prevents access to other intranasal areas when medically necessary surgical procedures are required (eg ethmoidectomy).

\*\*Deformities are largely caused by trauma or congenital conditions, as well as other causes.

**Note** correction of cleft palate is commissioned by NHS England

These commissioning intentions will be reviewed periodically. This is to ensure affordability against other services commissioned by the CCG.

## 1. Background

Rhinoplasty is a surgical procedure that involves the changing of shape or size of the nose. The procedure is usually carried out under general anaesthetic. Rhinoplasty can be carried out for medical reasons, such as injury to the nose resulting in a broken/bent nose. Rhinoplasty under these circumstances is considered as being reconstructive

Some people suffer from nasal airway related breathing difficulties and require surgery to straighten the septum at the same time. The combined operation is called septo-rhinoplasty

## 2. Recommendation

DDCCG does not routinely commission rhinoplasty or septo-rhinoplasty unless criteria 1, 2 AND 3 are met:

1. Continuous nasal airway obstruction resulting in significantly impaired nasal breathing is present
2. There is an association with septal or lateral nasal wall deformities\*\* or vestibular stenosis
3. Symptoms persist despite conservative measures for a minimum of three months, OR  
Asymptomatic nasal deformity\*\* prevents access to other intranasal areas when medically necessary surgical procedures are required (eg ethmoidectomy).

\*\* Deformities are largely caused by **trauma** or **congenital** conditions, as well as other causes.

**Note** correction of cleft palate is commissioned by NHS England

These commissioning intentions will be reviewed periodically. This is to ensure affordability against other services commissioned by the CCG.

### **Information to be included with referral**

1. Clinical photographs:
  - Trauma – clinical photographs of post-trauma injury (and pre-trauma where clinically relevant)
  - External nasal deformity – preoperative photos showing the standard four-way view of the nose: base, anterior-posterior, right and left lateral views as a minimum requirement.
2. Details of condition:
  - Documentation of results of conservative management of symptoms
  - Documentation of duration and degree of symptoms related to nasal obstruction
  - Relevant history of accidental or surgical trauma, congenital defect or disease

### 3. Rationale for Recommendation

The policy's criteria for rhinoplasty/septo-rhinoplasty is based on the signs and symptoms of medical issues only. DDCCG does not commission rhinoplasty/septo-rhinoplasty for cosmetic reasons.

### 4. Useful Resources

- Nose reshaping (rhinoplasty), NHS, last reviewed: 23 September 2019  
<https://www.nhs.uk/conditions/cosmetic-procedures/nose-reshaping-rhinoplasty/>
- Cosmetic Surgery, Royal College of Surgeons of England,  
<https://www.rcseng.ac.uk/patient-care/cosmetic-surgery/>
- Rhinoplasty, British Association of Plastic Reconstructive and Aesthetic Surgeons,  
<https://www.bapras.org.uk/public/patient-information/surgery-guides/rhinoplasty>
- Rhinoplasty (Augmentation), British Association of Aesthetic Plastic Surgeons,  
[https://baaps.org.uk/patients/procedures/13/rhinoplasty\\_augmentation](https://baaps.org.uk/patients/procedures/13/rhinoplasty_augmentation)

### 5. References

- Cosmetics Procedures Commissioning Policy, Erewash, Hardwick, North Derbyshire & South Derbyshire CCGs, October 2018
- Rhinoplasty, British Association of Plastic Reconstructive and Aesthetic Surgeons, accessed 05/08/20, <https://www.bapras.org.uk/public/patient-information/surgery-guides/rhinoplasty>
- Rhinoplasty (Augmentation), British Association of Aesthetic Plastic Surgeons, accessed 05/08/20, [https://baaps.org.uk/patients/procedures/13/rhinoplasty\\_augmentation](https://baaps.org.uk/patients/procedures/13/rhinoplasty_augmentation)

### 6. Appendices

#### Appendix 1- Consultation

All relevant providers/stakeholders will be consulted via a named link consultant/specialist. Views expressed should be representative of the provider/stakeholder organisation. CPAG will consider all views to inform a consensus decision, noting that sometimes individual views and opinions will differ.

Consultee	Date
Consultant ENT and Facial Plastic Surgeon, CRHFT	July 2020
Consultant ENT & Head and Neck Surgeon, UHDB	August 2020
Clinical Policy Advisory Group	August 2020
Clinical and Lay Commissioning Committee	September 2020

## Appendix 2- Document Update

<b>Document Update</b>	<b>Date Updated</b>
Version 1 – Cosmetic Procedures Commissioning Policy	October 2018
Version 2 – Policy re-worded and reformatted to reflect the clinical policy format of the new organisation. This includes the addition of background information, rationale for recommendation, useful resources, references, consultation and document version control. Additional updates to the policy include: clarification of various types of nasal wall deformities considered, addition of ‘as a minimum requirement’ to the policy’s statement ‘preoperative photos showing the standard four-way view of the nose: base, anterior-posterior, right and left lateral view’ and clarification of when it is appropriate to include pre-trauma clinical photographs with the referral.	August 2020

## Appendix 3- OPCS code(s)

- E022 (Reconstruction of nose NEC)
- E024 (Septorhinoplasty using graft)
- E026 (Rhinoplasty NEC)
- E027 (Alar reconstruction with cartilage graft)
- E028 (Other specified plastic operations on nose)