

EAR NOSE AND THROAT (ENT)	
Procedure/Condition	Criteria ■ Black – criteria required to be met prior to referral. ■ Blue – criteria to be met prior to procedure
Surgical Treatment Sleep Apnoea (Restricted)	<p>The Commissioner will fund surgical treatment of sleep apnoea when one of criteria 1 is met along with 2, 3 and 4</p> <ol style="list-style-type: none"> 1. Patient has already tried continuous positive airways pressure (CPAP) unsuccessfully for 6 months prior to being considered for surgery OR patient had major side effects to CPAP such as significant nosebleeds
Secondary ⇨	<ol style="list-style-type: none"> 2. Patient has a score of greater than or equal to 15 on the Epworth Sleepiness Scale OR patient is sleepy in dangerous situations such as driving or operating machinery (i.e. has significant symptoms regardless of Epworth sleepiness scale score) 3. Patient has significant sleep disordered breathing (as measured during a sleep study, usually by the Apnoea/Hypopnoea Index) 4. Referral has been made to a weight management service where the patient is overweight or obese* <p>Additional notes:</p>
Secondary ⇨	<p>Palatal surgery, such as Uvulopalatopharyngoplasty and Laser assisted uvulopalatoplasty is not recommended by SIGN (2003) and it may compromise the patient's subsequent ability to use nasal CPAP. Soft palate implants should not be used in the treatment of this condition</p> <p>*Overweight or obese is over 25 BMI</p> <p>This procedure requires prior approval. Prior approval must be sought through Blueteq.</p>
Base / Evidence	<p>Taken from SIGN guidelines 117 – management of sore throat, 2010 A multicentre randomised controlled trial and economic evaluation of continuous positive airways pressure for the treatment of obstructive sleep apnoea syndrome in older people: PREDICT Health Technology Assessment, No 19.40;2015 Alison McMillan, Daniel J Bratton, Rita Faria, Magda Laskawiec-Szkonter, Susan Griffin, Robert J Davies, Andrew J Nunn, John R Stradling, Renata L Rhia and Mary J Morrell.</p> <p>Health Technol Assess. 18 October 2014 (67): 1-296.doi: 10.3310/hta 18670. Clinical effectiveness and cost effectiveness results from the randomised controlled Trial or Oral Mandibular Advancement Devices for Obstructive sleep apnoea hypopnoea (TOMADO) and long-term economic analysis of oral devices and continuous pressure. Sharples L1, Glover M2, Clutterbuck-James A3, Bennett M4, Jordan J2, Chadwick R3, Pittman M3, east C3, Cameron M5, Davies M3.</p>

	NICE Guideline 202 - Obstructive sleep apnoea/hypopnoea syndrome and obesity hypoventilation syndrome in over 16s. (20 August 2021) accessed September 2021.
OPCS code(s):	F324 F325 F326 F328 F329

Version No	Date	Changes
3	Dec 2016	Clearer reference to CPAP and distinction from snoring
3.1	July 2017	Removal of wording on 3. 15-30 hr – moderate > 30/h =severe
3.2	Nov 2017	Overweight/BMI definition has been added
3.3	Oct 2019	Addition of 'This procedure requires prior approval. Prior approval must be sought through Blueteq.' as requested by contracting
3.4	Oct 2021	Reference added to NICE Guideline 202 - Obstructive sleep apnoea/hypopnoea syndrome and obesity hypoventilation syndrome in over 16s.