

ORTHOPAEDICS	
Procedure/Condition	Criteria ■ Black – criteria required to be met prior to referral. ■ Blue – criteria to be met prior to procedure
Ganglion Cysts (Restricted)	<p>The CCGs will only fund treatment according to the three stages of severity described – only those ganglion cysts graded as severe should be referred for surgery</p> <p>Mild</p> <ul style="list-style-type: none"> • An asymptomatic lump <p>Treatment</p> <ul style="list-style-type: none"> • Reassurance and observation <p>Moderate</p> <p>Symptomatic lump with a long duration of symptoms</p> <ul style="list-style-type: none"> • Occult ganglion <p>Treatment</p> <ul style="list-style-type: none"> • Reassurance and observation • Refer to MSK-CATS (Musculoskeletal Clinical Assessment and Triage Service) • Aspiration in primary care for reassurance <p>Severe</p> <p>One of the following must apply</p> <ul style="list-style-type: none"> • Severe pain • Restriction of activities of daily living • Concern over the diagnosis <p>Treatment</p> <ul style="list-style-type: none"> • Referral for surgical removal <p>Examples for information :</p> <p>The condition described below would be regarded as severe in this respect.</p> <ul style="list-style-type: none"> • Ganglion on wrist with evidence of neurovascular compromise or significant pain • Seed ganglia at base of digits with significant pain • Muroid cysts at the distal interphalangeal joint which has disrupted the nail growth or there are cysts that tend to discharge <p>Ganglia on foot and ankles with evidence of neurovascular compromise or significant pain or causing difficulties with foot wear or mobility</p>
Base / Evidence	British Society for Surgery of the hand information leaflet, 2016. Revised to adopt mild/moderate/severe nomenclature.
OPCS code(s):	T59, T591, T592, T593, T594, T598, T599, T60, T601, T602, T603, T604, T608, T609

Version No	Date	Changes
3	Dec 2016	Provisionally reviewed in response to local consultation, re-advantage of categorising severity. Mild/moderate/severe symptoms defined along with allowable treatments. INFORMED BY Greater Manchester policy and Coventry GP Gateway and British Society for Surgery to the Hand 2016 information leaflet.
3.1	July 2017	Under Severe line added one of the following must apply, and examples for information to conditions.
3.2	September 2019	Addition of 'This policy is subject to a prior approval' as requested by contracting.
3.3	November 2019	Removal of of 'This policy is subject to a prior approval'.