





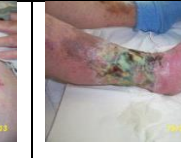





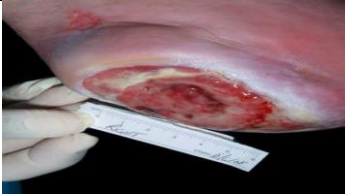


# Wound Formulary 2018 1<sup>st</sup> Line Product Quick Reference Guide



	Pink Epithelial Tissue	Red Granulation		Yellow Slough		Green Infection		Black Necrotic	
Description	Superficial	Superficial	Full Thickness	Superficial	Full Thickness	Superficial	Full Thickness	Superficial	Full Thickness
Tissue Type									
Objective	Protect	Protect		Rehydrate/Debride		Treat infection and reduce Bioburden		Rehydrate/debride <span style="color: red;">(if not as a result of ischaemia)</span>	
Primary Dressing for None-Low exudate levels	Non adherent Dressing Atraumen, NA or Silflex	Non adherent. Atrauman or NA Dressing Ultra or Silflex	Hydrogel Aquaform	Hydrocolloid Duoderm or Duoderm Signal <span style="color: red;">(avoid in Diabetic Foot Ulcers)</span> or Hydrosorb	Hydrogel Aquaform	Infected wounds-should have Antibiotics specific to culture & sensitivity- Select dressings to address symptom control i.e. malodour, pain, exudate. Monitor closely		Hydrocolloids <span style="color: red;">(avoid in Diabetic Foot Ulcers)</span> Duoderm or Duoderm Signal or Hydrosorb	Hydrogel Aquaform Medi Honey gel
Secondary Dressing	Absorbent Pad Telfa, Softpore or Hydrofilm Plus	Foam Allevyn or Absorbent Bastos Viegas	Absorbent Hydrofilm Plus or Bastos Viegas	N/A	Absorbent pad + Film. Telfa or Bastos Viegas and ClearFilm	Wounds that are critically colonized may benefit from antimicrobials but these should only be used short term		N/A	Absorbent pad + Film. Telfa or Bastos Viegas + ClearFilm
Moderate to High exudate levels	Foam Allevyn Foam of Allevyn Gentle Border if surrounding skin poor	Foam Allevyn Foam or Alginate ActivHeal Alginate	Alginate ActivHeal Alginate +Foam Allevyn Foam	Alginate ActivHeal Alginate +Foam Allevyn Foam	Alginate ActivHeal Alginate +Foam Allevyn Foam	Superficial -Iodine based; Inadine Silver; Atrauman Ag, Full Thickness Honey, Medihoney Silver-Suprasorb A + Ag		Hydrofiber or Alginate Aquacel Extra or ActivHeal Alginate + Absorbent pad and film	Hydrofiber or Alginate Aquacel Extra or ActivHeal Alginate + Absorbent pad / foam
Very High exudate levels	Non Adherent + Supra-absorbent Eclypse or Cutimed Siltec	Eclypse or Cutimed Siltec	Hydrofiber Aquacel Extra + Eclypse	Hydrofiber Aquacel Extra + Eclypse	Hydrofiber Aquacel Extra + Eclypse	Honey, Medihoney Apinate Silver - Suprasorb A + Ag + Absorbent pad / foam or super absorbent		As Above or Hydrofiber or Alginate and Foam	As Above or Hydrofiber or Alginate and Foam

# TIME - Principles of Wound Bed Preparation

Reference: Schultz, G.S, Sibbald, G.R, Falanga V, Ayello, E, Dowsett, C, Harding K, Romanelli M, Stacy MC, Teot L, Vanscheidt W (2003) Wound Bed Preparation

Examples of Wound Problems	T-issue loss/ type	I-nflammation / I-nfection	M-oisture Balance	E-pidermal margin
	5cm x3.5cm surface wound covered in devitalised tissue – 80% necrosis, 20% slough. Consider possible deep underlying damage.	Dry eschar / devitalised tissue prolongs Inflammatory phase and increases potential for non-healing wound and infection.	<b>Dry desiccated tissue needs rehydrating and debriding</b> (unless dry gangrene / eschar due to vascular insufficiency).	Desiccation slows epithelial cell migration and results in scarring if remains dry
	5cmx 6cmx 1cm full thickness cavity 70% Granulation tissue, 30% slough. Waterlogged tissues reduce ability of nutrients and O2 to be transferred into cells.	<b>Consider possible reasons for high exudate levels</b> e.g. autolysis, lymphedema, or possible critical colonisation or infection should be ruled out as a possible cause.	Excessive fluid causes maceration of surrounding tissue. <b>Manage moisture with absorbent/ dressings</b> such as alginate or / hydrofibre. Consider compression.	Maceration of wound margins lead to further breakdown and stops epidermal migration. <b>Protect surrounding skin edge with barrier film.</b> Offload the affected area.
	7cm x5cm x0.5cm Healthy traumatic wound following surgery 100% Granulation tissue.	No evidence of ongoing inflammation or localised infection.	Maintain <b>thermal insulation and normal moist conditions with foam dressing.</b>	Epidermal migration apparent but recent change to colour of edge to purple is suggestive of autoimmune problem- <b>Consider referral to Dermatologist to biopsy.</b>
	0.5x0.5 x 9cm Sinus tract to hip bone interface. 100% devitalised tissue. Surrounding skin oedematous, indurated and painful. <b>Consider cause e.g. exposure to pressure- review SSKIN Bundle- ? Recent surgery</b>	Increasing redness with pain, heat, exudate, odour. Monitor redness (mark affected areas >2cm erythema). <b>Swab area and refer to GP to review</b> general condition and consider need for antibiotics.	Very High and offensive exudate that is multi - purulent. <b>Consider use of antimicrobial dressing such as honey gel or alginate or silver dressing.</b> Increase frequency of dressings and may require supra-absorbents.	Narrow opening with indurated tissue indicates occult damage and likely to be undermined with extensive tissue destruction underneath. <b>Advise patient of expected progression of wound and objectives set to manage these symptoms.</b>

Wounds are dynamic - it is crucial to maintain clear documentation of all wound assessments using objective descriptors so that changes are recorded and easy to recognise so that care and objectives can be amended to address adverse conditions