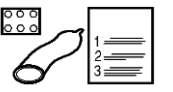



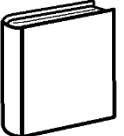



# Important information

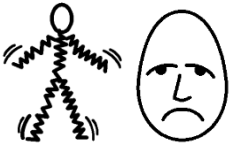

	<p>All woman, who take this medication, must use contraception and have a plan</p>
	<p>Do not stop taking the medication until the Doctor tells you.</p>
	<p>If you forget to take it, tell a health worker.</p>
	<p>If you drink alcohol you might get ill.</p>
	<p>If you have side effects your Doctor or Nurse can give you a side effects workbook.</p>
	<p>Your Health Worker's name is:                  .....                  Contact them on.....</p>

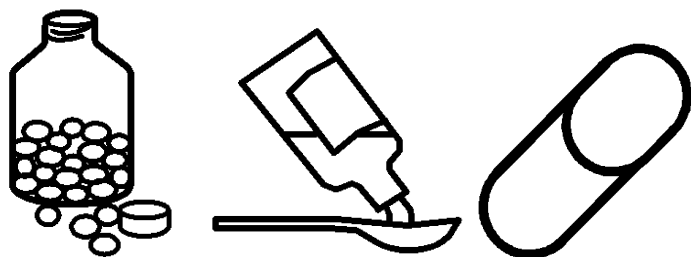
## Information about the medication

# Sodium Valproate (for females)







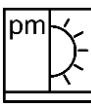

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	<p>Sodium Valproate is used for epilepsy or mood swings.</p>
	<p>Sodium Valproate helps stop epileptic seizures. It helps you feel calm and relaxed.</p>










Sodium Valproate can be in tablets, capsules or liquid.








	<p>Swallow the tablet or capsule whole with water.</p>
	<p>Measure liquid with a spoon, then swallow.</p>

<p>Take</p> 			
<p>morning</p>	<p>lunch</p>	<p>tea</p>	<p>night</p>

## Go straight to your Doctor or hospital if.....

	<p><b>your eyes or skin looks yellow.</b></p>
	<p><b>you are sick lots of times.</b></p>
	<p><b>you have more seizures.</b></p>
	<p><b>your face or throat is swollen.</b></p>
	<p><b>you have a red lumpy rash or bruising.</b></p>
	<p><b>your skin comes off.</b></p>
	<p><b>you think you are pregnant</b></p>

## Tell your Doctor at your next appointment if.....

	<p>you put on weight.</p>		<p>you lose your hair.</p>
	<p>you have runny poo.</p>		<p>your face or body moves on its own.</p>
	<p>you have muddled thoughts.</p>		<p>you feel angry.</p>
	<p>You are thinking of becoming pregnant</p>		