

**DERBYSHIRE JOINT AREA PRESCRIBING COMMITTEE  
(JAPC)**

**Diabetes Glucose Monitoring – Interim Position Statement**

**FreeStyle Libre 2 /Dexcom ONE – GREY after diabetes consultant/specialist initiation within a Derbyshire diabetes service**  
see [FreeStyle Libre 2/Dexcom ONE JAPC Briefing](#)

The National Institute for Health and Care Excellence (NICE) have updated the recommendations in their Diabetes guidance in relation to glucose monitoring for both Type 1 and Type 2 diabetes. These include:

- NICE [NG17 Type 1 diabetes in adults](#) recommends wider eligibility for either intermittently scanned continuous glucose monitoring (isCGM) known as “Flash” such as the FreeStyle Libre system, or real time continuous glucose monitoring (rtCGM).
- NICE [NG18 Diabetes \(type 1 and type 2 in children\)](#) recommends a wider eligibility for children with type 1 diabetes to have access to rtCGM or Flash (if >4yrs and unable to use CGM or express a preference)
- NICE [NG28 The Type 2 diabetes in adults](#) recommends that certain people on multiple daily insulin injections may be eligible for isCGM known as 'Flash' monitoring such as FreeStyle Libre.

While NICE guidelines are not mandatory (unlike Technology Appraisals) it is important that the Derbyshire health system considers the guidelines, their application, and affordability, to support equitable and cost-effective use alongside competing priorities and opportunities.

We are therefore working collaboratively both across Derbyshire and with other areas across the Midlands—in relation to the implementation of this updated guidance, to maximise benefits, prioritise Diabetes patients with the greatest clinical need, and allow all patients access to the best possible treatment for their clinical circumstances.

We would politely ask that you bear with us whilst we complete this process. Further information will be released when available in due course.

In the interim clinicians are advised to continue to follow the existing JAPC guidance on glucose monitoring. Reminder FreeStyle Libre 2/Dexcom ONE are currently classified as GREY after diabetes consultant/specialist initiation. See [FreeStyle Libre 2/Dexcom ONE JAPC briefing](#).

In addition, JAPC advise to only refer patients wanting new technology to secondary care once local eligibility criteria have been established and agreed. A delay in appointment could be expected if patients are referred before then.