

ITEMS WHICH SHOULD NOT BE ROUTINELY PRESCRIBED ACROSS DERBYSHIRE

Better Value Prescribing: The Derbyshire CCGs policy on the use of low clinical value medicines (LCVMs)

1. Summary

This policy endorses the NHS England recommendations on items which should not be routinely prescribed in primary care.

This policy applies to all Derbyshire NHS providers and contractors (primary and secondary care).

To ensure that the NHS in Derbyshire continues to allocate its resources effectively, the Joint Area Prescribing Committee (JAPC) will review the guidance periodically to identify potential items to be retained, retired or added to the current guidance.

2. Introduction

Last year 1.1 billion prescription items¹ were dispensed in primary care at a cost of £8.8 billion. With the number of prescriptions increasing by 1.9% a year, it is important that the NHS achieves the greatest value from the money that it spends. Clinical Commissioning Groups (CCGs) also have a legal duty around appropriate use of prescribing resources.

There is currently significant variation across England in what is being prescribed and to whom, with some patients receiving medicines now proven to be relatively ineffective or potentially harmful, or for which there are other more effective, safer or cheaper alternatives and products which are no longer appropriate to be prescribed on the NHS and could save the NHS up to £141 million a year.

The national guidance focused on an initial list of eighteen products which fall into one or more of the categories below:

- Products of low clinical effectiveness, where there is a lack of robust evidence of clinical effectiveness or there are significant safety concerns;
- Products which are clinically effective but where more cost-effective products are available, including products that have been subject to excessive price inflation; or
- Products which are clinically effective but, due to the nature of the product, are deemed a low priority for NHS funding.

Each product was assigned one or more of the following recommendations:

- Advise CCGs that prescribers in primary care should not initiate the product for any new patient;
- Advise CCGs to support prescribers in deprescribing the product in all patients and, where appropriate, ensure the availability of relevant services to facilitate this change;
- Advise CCGs that if, in exceptional³ circumstances, there is a clinical need for the item to be prescribed in primary care, this should be undertaken in a cooperation arrangement with a multi-disciplinary team and/or other healthcare professional;
- Advise CCGs that all prescribing should be carried out by a specialist; and/or
- Advise CCGs that this item should not be routinely prescribed in primary care but may be prescribed in named circumstances.

The recommendations on the 18 items within the NHS England guidance were publicly consulted on for 3 months, from 21st July – 21st October 2017, for the first iteration and 28th November 2018 – 28th February 2019 for the second iteration. This latter iteration included an update to one item from the 2017 guidance and recommendations on eight new items. The draft guidance was revised in light of the consultation findings and the final recommendations set out in the national guidance document reflect the outcome of that consultation.

CCGs need to decide locally on the implementation of the national recommendations, taking into account their legal duties to advance equality and have regard to reducing health inequalities. This Policy outlines the current Derbyshire position on the NHS England guidance and aligns the

Derbyshire Joint Area Prescribing Committee (JAPC) traffic light classification of the 18 drugs that should not be routinely prescribed in primary care.

3. Equality Statement

Derby and Derbyshire CCGs aim is to design and implement policy documents that meet the diverse needs of the populations to be served and the NHS workforce has a duty to have regard to the need to reduce health inequalities in access to health services and health outcomes achieved as enshrined in the Health and Social Care Act 2012.

The CCGs are committed to ensuring equality of access and non-discrimination, irrespective of age, disability (including learning disability), gender reassignment, and marriage and civil partnership, pregnancy and maternity, race, religion or belief, sex (gender) or sexual orientation.

It takes into account current UK legislative requirements, including the Equality Act 2010 and the Human Rights Act 1998, and promotes equality of opportunity for all. This document has been designed to ensure that no-one receives less favourable treatment owing to their personal circumstances.

4. Scope and purpose of the policy

The Better Value Prescribing Policy sets out the Derbyshire Clinical Commissioning Groups' approach to support prescribers in implementing NHS England recommendations on items which should not routinely be prescribed in primary care.

This policy will ensure equity of service for all residents of Derbyshire and will allow the same expectation of what will be provided from the GP Practice or other services.

This policy applies to all services contracted by or delivered by the NHS across Derbyshire including:

- a) GP Practices – GPs and all other Prescribers
- b) Out of hours and extended hours primary care providers
- c) Acute Hospitals
- d) Out-Patient Clinics
- e) NHS Community Providers
- f) Independent providers
- g) Community pharmacies
- h) Opticians
- i) Dentists

This policy applies to all people (adults and children) who are registered with a GP in Derbyshire (permanent or temporary resident) or who access an NHS service in Derbyshire.

Derbyshire CCGs have a duty to ensure that the local NHS budget is spent in an appropriate way.

The Governing Bodies are responsible for ensuring that all agreed actions are carried out by healthcare professionals according to this policy.

Implementation of the policy will be monitored via ePACT data and other activity data.

5. Professional and contractual context for prescribers

During discussion with the patient, when considering what treatment and ongoing monitoring is required, prescribers are asked to be mindful of the following:

- Prescribers have clinical freedom to act in an individual patient's best interest where exceptional clinical circumstances exist that warrant deviation from this policy.
- That within their Primary Medical Services contract with NHSE, GPs have a contractual obligation relating to patients to make available such treatment (including any prescription deemed to be appropriate after discussion with the patient) as is necessary and appropriate, and to provide advice in connection with the patient's health, including relevant health promotion advice.
- That reference to local prescribing guidelines is good professional practice.
- That consideration of GMC professional obligations to use NHS resources wisely is good professional practice.

6. Current JAPC Traffic Light Definitions

6.1. Do Not Prescribe (DNP) Classification

Not recommended or commissioned*. This includes drugs/treatments/medical devices which:

- Are classified by the BNF as 'less suitable for prescribing', and includes anti-malarials (where a private prescription may be provided)
- Have a lack of data on effectiveness compared with standard therapy
- Have a lack of data on safety compared with standard therapy
- Have known increase in risk of adverse events compared with standard therapy
- Have a lack of data on cost-effectiveness compared with standard therapy
- Less cost-effective than current standard therapy
- Have NICE guidance that recommends they should not be used
- Those that are deemed by national publications (e.g. by NHSE/ NHS Clinical Commissioners) of limited value, unless agreed by local agreement

For patients that are already on the medicine/treatment/medical device prior to the DNP classification, this should not be withdrawn abruptly from patients, but should be continued until the next clinical review where their NHS clinician will decide whether it is appropriate to switch or stop treatment or submit an individual funding request if in exceptional circumstances on-going prescribing is considered clinically appropriate.

*Clinicians should submit an individual funding request, and await a positive outcome, before initiation of treatment for a DNP classification medicine/treatment/medical device for NHS prescribing.

6.2. DNP classification Drugs: Action for prescribers

No new prescribing should be initiated. For patients that are already on the medicine/treatment/medical device prior to JAPC classification, treatment should not be withdrawn abruptly from patients, but should be continued until the next clinical review where their NHS clinician should decide whether it is appropriate to switch or stop treatment or submit a request for approval if in exceptional circumstances on-going prescribing is considered clinically appropriate.

6.3. Grey Traffic Light Classification

JAPC does not recommend for use except in exceptional circumstances. Seek advice from your prescribing adviser and record your reasons for prescribing.

6.4. Grey Drugs: Action for prescribers

For patients that are already on the medicine/treatment/medical device prior to JAPC classification, **and do not meet the defined exceptionality criteria**, treatment should not be withdrawn abruptly from patients, but should be continued until the next clinical review where their NHS clinician should decide whether it is appropriate to switch, stop treatment or submit a request under the DNP drugs policy if in exceptional circumstances on-going prescribing is considered clinically appropriate. No new patients should be initiated on treatment unless they meet the exceptionality_criteria.

6.5. RED Traffic Light Classification

Medicine/treatment/medical device considered suitable for a consultant or specialist, usually within a secondary or tertiary care service, to initiate and continue prescribing.

6.6. RED Drugs: Action for prescriber

No Primary care prescribing should be initiated. For patients that are already on the medicine/treatment/medical device prior to JAPC classification, patients should be referred to the appropriate secondary care specialist for review or on going treatment.

6.7. AMBER Traffic Light Classification

Initiated within a hospital/specialist setting but suitable for shared care with GP under a shared care agreement.

6.8. GREEN

Regarded as suitable for primary care prescribing

For a complete/comprehensive definition see

http://www.derbyshiremedicinesmanagement.nhs.uk/assets/japc/JAPC/JAPC_Traffic_Light_Classification_Criteria.pdf

NHSE RECOMMENDATION AND DERBYSHIRE CLASSIFICATION

Drug	NHSE Category	NHSE recommendation	Exceptions and/or further recommendations	JAPC Classification	Recommended Action
Aliskiren [New 2019]	Products which are clinically effective but where more cost-effective products are available this includes products that have been subject to excessive price inflation.	<ul style="list-style-type: none"> Advise CCGs that prescribers in primary care should not initiate Aliskiren for any new patient. Advise CCGs to support prescribers in deprescribing Aliskiren in all patients and, where appropriate, ensure the availability of relevant services to facilitate this change. 	No routine exceptions have been identified.	Do Not Prescribe (DNP)	Patients may require specialist review
Amiodarone [New 2019]	Products of low clinical effectiveness, where there is a lack of robust evidence of clinical effectiveness or there are significant safety concerns.	Advise CCGs that prescribers should not initiate amiodarone in primary care for any new patient. Advise CCGs that if, in exceptional circumstances, there is a clinical need for amiodarone to be prescribed, this should be undertaken in a cooperation arrangement with a multi-disciplinary team and/or other healthcare professionals	Must be initiated by a specialist and only continued under a shared care arrangement for patients where other treatments cannot be used, have failed or is in line with NICE Guidance CG180. It may also be suitable in patients prior and post cardioversion or in specific patients who also have heart failure or left ventricular impairment.	Amber	Requiring specialist assessment to enable patient selection and initiation of treatment
Bath and shower preparations for dry and pruritic	Products of low clinical effectiveness, where there is a lack of robust evidence of clinical effectiveness	<ul style="list-style-type: none"> Advise CCGs that prescribers in primary care should not initiate bath and shower preparations for any new patient. 	No routine exceptions have been defined.	Do Not Prescribe (DNP)	Classified by the BNF as 'less suitable for prescribing' and includes anti-malarials (where a

skin conditions [New 2019]	or there are significant safety concerns.	<ul style="list-style-type: none"> Advise CCGs to support prescribers in deprescribing bath and shower preparations in this category and substitute with "leave-on" emollients and, where appropriate, to ensure the availability of relevant services to facilitate this change. 			private prescription may be provided). Have a lack of data on effectiveness compared with standard therapy
Co-proxamol	Products of low clinical effectiveness, where there is a lack of robust evidence of clinical effectiveness or there are significant safety concerns.	<ul style="list-style-type: none"> Advise CCGs that prescribers in primary care should not initiate co-proxamol for any new patient. Advise CCGs to support prescribers in deprescribing co-proxamol in all patients and, where appropriate, ensure the availability of relevant services to facilitate this change. 	No routine exceptions have been identified.	Do Not Prescribe (DNP) - Unlicensed - Re-classified from GREY to DNP in April 14	See section 6.2 Trial of formulary alternatives e.g. Paracetamol +/- codeine
Dosulepin	Products of low clinical effectiveness, where there is a lack of robust evidence of clinical effectiveness or there are significant safety concerns.	<ul style="list-style-type: none"> Advise CCGs that prescribers in primary care should not initiate dosulepin for any new patient. Advise CCGs to support prescribers in deprescribing dosulepin in all patients and, where appropriate, ensure the availability of relevant services to facilitate this change. Advise CCGs that if, in exceptional circumstances, there is a clinical need for 	No routine exceptions have been identified.	Do Not Prescribe (DNP)	See section 6.2 Patients may require specialist review

		dosulepin to be prescribed in primary care, this should be undertaken in a cooperation arrangement with a multi-disciplinary team and/or other healthcare professional			
Doxazosin MR	Items which are clinically effective but where more cost-effective products are available, including products that have been subject to excessive price inflation.	<ul style="list-style-type: none"> Advise CCGs that prescribers in primary care should not initiate prolonged-release doxazosin for any new patient. Advise CCGs to support prescribers in deprescribing Prolonged-release doxazosin in all patients and, where appropriate, ensure the availability of relevant services to facilitate this change. 	No routine exceptions have been identified.	Do Not Prescribe (DNP) Modified release preparation: this is more costly than the immediate release preparation with only marginal benefits in relation to side effects	See section 6.2 Switch to standard release doxazosin
Dronedarone [New 2019]	Products of low clinical effectiveness, where there is a lack of robust evidence of clinical effectiveness or there are significant safety concerns.	<ul style="list-style-type: none"> Advise CCGs that prescribers should not initiate dronedarone in primary care for any new patient. Advise CCG's that if, in exceptional circumstances, there is a clinical need for dronedarone to be prescribed, this should be undertaken in a cooperation arrangement with a multi-disciplinary team and/or other healthcare professional. 	Must be initiated by a specialist and only continued under a shared care arrangement for patients where other treatments cannot be used, have failed or is in line with NICE Guidance CG180.	Amber - See shared care guideline for the <u>maintenance of sinus rhythm after successful cardioversion</u> (Decision date - November 2017) Be aware of <u>MHRA warnings</u>	Requiring short or medium term (e.g. 3-6 months) specialist monitoring of efficacy or until the patient is stable
Immediate-Release Fentanyl	Items which are clinically effective but where more cost-effective products are	<ul style="list-style-type: none"> Advise CCGs that prescribers in primary care should not initiate immediate 	These recommendations do not apply to patients undergoing palliative care treatment and where	GREY – after palliative care specialist initiation: all non-transdermal	See section 6.2 Patients may require specialist review

	available, including products that have been subject to excessive price inflation.	<p>release fentanyl for any new patient.</p> <ul style="list-style-type: none"> • Advise CCGs to support prescribers in deprescribing immediate release fentanyl in all patients and, where appropriate, ensure the availability of relevant services to facilitate this change. • Advise CCGs that if, in exceptional circumstances, there is a clinical need for immediate release fentanyl to be prescribed in primary care, this should be undertaken in a cooperation arrangement with a multi-disciplinary team and/or other healthcare professional. 	<p>the recommendation to use immediate release fentanyl in line with NICE guidance (see below), has been made by a multi-disciplinary team and/or other healthcare professional with a recognised specialism in palliative care.</p> <p>This recommendation does not apply to longer sustained release versions of fentanyl which come in patch form.</p>	<p>preparations (includes lozenges, tablets, buccal film. and sublingual tablets and nasal spray) classified as GREY recognising limited use in cancer patients.</p> <p>Prescribed by brand to avoid confusion. Requires specialist and a titration process. Not classified as RED to allow access in primary care if needed</p> <p>DNP (Do Not Prescribe): all non-transdermal preparations initiated outside palliative care.</p>	Requires specialist and a titration process.
Glucosamine and Chondroitin	Items of low clinical effectiveness, where there is a lack of robust evidence of clinical effectiveness or there are significant safety concerns.	<ul style="list-style-type: none"> • Advise CCGs that prescribers in primary care should not initiate Glucosamine and Chondroitin for any new patient. • Advise CCGs to support prescribers in deprescribing glucosamine and chondroitin in all patients and, where appropriate, ensure the availability of relevant services to facilitate this change. 	No routine exceptions have been identified.	<p>Do Not Prescribe (DNP): All products:</p> <p>Lack of data on cost-effectiveness compared with standard therapy</p> <p>Not accepted as cost effective compared to other service development opportunities within the CCGs</p>	Stop treatment. Patients may wish to purchase over the counter.

Herbal treatments	Products of low clinical effectiveness, where there is a lack of robust evidence of clinical effectiveness or there are significant safety concerns.	<ul style="list-style-type: none"> • Advise CCGs that prescribers in primary care should not initiate herbal items for any new patient • Advise CCGs to support prescribers in deprescribing herbal items in all patients and where appropriate, ensure the availability of relevant services to facilitate this change. 	No routine exceptions have been identified.	Do Not Prescribe (DNP)	Stop treatment. Patients may wish to purchase over the counter.
Homeopathy	Products of low clinical effectiveness, where there is a lack of robust evidence of clinical effectiveness or there are significant safety concerns.	<ul style="list-style-type: none"> • Advise CCGs that prescribers in primary care should not initiate homeopathic items for any new patient • Advise CCGs to support prescribers in deprescribing homeopathic items in all patients and, where appropriate, ensure the availability of relevant services to facilitate this change. 	No routine exceptions have been identified.	Do Not Prescribe (DNP)	Stop treatment. Patients may wish to purchase over the counter or consult a private homeopathic practitioner.
Lidocaine Plasters	Item of low clinical effectiveness, where there is a lack of robust evidence of clinical effectiveness or there are significant safety concerns	<ul style="list-style-type: none"> • Advise CCGs that prescribers in primary care should not initiate lidocaine plasters for any new patient (apart from exceptions below). • Advise CCGs to support prescribers in deprescribing lidocaine plasters in all patients and, where appropriate, ensure the availability of relevant 	These recommendations do not apply to patients who have been treated in line with NICE CG173 <i>Neuropathic pain in adults: pharmacological management in non-specialist settings</i> but are still experiencing neuropathic pain associated with previous herpes zoster infection (post-herpetic neuralgia).	Grey- for post herpetic neuralgia (Ralvo is the preferred, cost effective brand for lidocaine plaster) DNP (Do Not Prescribe) - for all other indications except PHN.	Consider formulary alternatives or specialist review See neuropathic pain guideline For topical treatment consider capsaicin cream first Patients initiated on lidocaine plasters should be

		<p>services to facilitate this change.</p> <ul style="list-style-type: none"> Advise CCGs that if, in exceptional circumstances, there is a clinical need for lidocaine plasters to be prescribed in primary care, this should be undertaken in a cooperation arrangement with a multi-disciplinary team and/or other healthcare professional. 			<p>reviewed 2-4 weeks after initiation and the on-going need assessed regularly and discontinued if ineffective.</p> <p>Lidocaine plasters for all other indications should be reviewed and discontinued.</p>
<p>Liothyronine (Including Armour Thyroid and liothyronine combination products)</p>	<p>Items which are clinically effective but where more cost-effective products are available, including products that have been subject to excessive price inflation.</p>	<ul style="list-style-type: none"> Advise CCGs that prescribers in primary care should not initiate liothyronine for any new patient. Advise CCGs that individuals currently prescribed liothyronine should be reviewed by a consultant NHS endocrinologist with consideration given to switching to levothyroxine where clinically appropriate. Advise CCGs that a local decision, involving the Area Prescribing Committee (or equivalent) informed by National guidance (e.g. from NICE or the Regional Medicines Optimisation Committee), should be made regarding arrangements for on-going prescribing of liothyronine. This should be 	<p>The British Thyroid Association (BTA) advise that a small proportion of patients treated with levothyroxine continue to suffer with symptoms despite adequate biochemical correction. In these circumstances, where levothyroxine has failed and in line with BTA guidance, endocrinologists providing NHS services may recommend liothyronine for individual patients after a carefully audited trial of at least 3 months duration of liothyronine.</p> <p>Liothyronine is used for patients with thyroid cancer, in preparation for radioiodine ablation, iodine scanning, or stimulated thyroglobulin test. In these</p>	<p>Amber (<u>Liothyronine in combination with levothyroxine shared care agreement</u>)</p> <p>DNP (Do Not Prescribe) - not to be initiated in new patients</p> <p>RED: when used as monotherapy, for resistant depression and in doses which exceed 60mcg per day.</p>	<p>For existing patients following review of benefit by an NHS Endocrinologist Specialist and the treatment dose have been stabilised for 3 months</p> <p>If there is an exceptional clinical need, such as difficulty in tolerating or absorbing levothyroxine, then a request to prescribe must be made via the IFR process and the request should be made by an NHS endocrinologist.</p> <p>Red: Requiring specialist</p>

		for individuals who, in exceptional circumstances, have an on-going need for liothyronine as confirmed by a consultant NHS endocrinologist.	situations, it is appropriate for patients to obtain their prescriptions from the centre undertaking the treatment and not be routinely obtained from primary care prescribers.		assessment to enable patient selection, initiation and ongoing treating
Lutein and Antioxidants	Items of low clinical effectiveness, where there is a lack of robust evidence of clinical effectiveness or there are significant safety concerns.	<ul style="list-style-type: none"> • Advise CCGs that prescribers in primary care should not initiate lutein and antioxidants for any new patient • Advise CCGs to support prescribers in deprescribing lutein and antioxidants in all patients and, where appropriate, ensure the availability of relevant services to facilitate this change. 	No routine exceptions have been identified.	Do Not Prescribe (DNP)	Stop treatment. Patients may wish to purchase over the counter.
Minocycline for acne [New 2019]	Updating routine items to not prescribe documetrn	<ul style="list-style-type: none"> • Advise CCGs that prescribers in primary care should not initiate minocycline for any new patient with acne. • Advise CCGs to support prescribers in deprescribing minocycline in all patients with acne and, where appropriate, ensure the availability of relevant services to facilitate this change. • 	No routine exceptions have been identified.	DNP (Do Not Prescribe) - Not recommend for ACNE and its use in dermatology for other indications (e.g. bullous pyoderma) is no longer supported by dermatologists across Derbyshire. Increased risk of adverse events and less cost effective than standard therapy.	Patients may require specialist review

<p>Needles for Pre-filled and reusable insulin pens [New 2019]</p>	<p>Products which are clinically effective but where more cost-effective products are available this includes products that have been subject to excessive price inflation.</p>	<ul style="list-style-type: none"> • Advise CCGs that prescribers in primary care should not initiate insulin pen needles that cost >£5 per 100 needles for any diabetes patient. • Advise CCGs to support prescribers in deprescribing insulin pen needles that cost >£5 per 100 needles and, where appropriate ensure the availability of relevant services to facilitate this change. 	<p>No routine exceptions have been identified.</p>	<p>DNP (Do Not Prescribe) - Safety needles with acquisition cost > £20 per 100</p>	<p>GREEN - GlucoRx safety needles - 1st line option</p> <p>Safety needles with an acquisition cost <£20 per 100 are classified as GREEN alternative 2nd line option</p>
<p>Omega-3 Fatty Acid Compounds</p>	<p>Item of low clinical effectiveness, where there is a lack of robust evidence of clinical effectiveness or there are significant safety concerns</p>	<ul style="list-style-type: none"> • Advise CCGs that prescribers in primary care should not initiate omega-3 Fatty Acids for any new patient. • Advise CCGs to support prescribers in deprescribing omega-3 Fatty acids in all patients and, where appropriate, ensure the availability of relevant services to facilitate this change. 	<p>Consultant lipid specialist recommendation in patients with severe hypertriglyceridaemia (triglycerides >10mmol/L) after trial of fibrates +/- statins. No routine exceptions have been identified.</p>	<p>GREY: after consultant lipid specialist recommendation in patients with severe hypertriglyceridaemia (triglycerides >10mmol/L) after trial of fibrates +/- statins</p>	<p>Review and stop prescribing in all patients, except those with severe hypertriglyceridaemia after trial of fibrates +/- statins.</p>
<p>Oxycodone and Naloxone Combination Product</p>	<p>Items which are clinically effective but where more cost-effective products are available, including products that have been subject to</p>	<ul style="list-style-type: none"> • Advise CCGs that prescribers in primary care should not initiate oxycodone and naloxone combination product for any new patient. • Advise CCGs to support prescribers in deprescribing oxycodone and naloxone 	<p>No routine exceptions have been identified.</p>	<p>Do Not Prescribe (DNP)</p>	<p>See section 6.2 Consider formulary alternatives e.g. morphine + laxative</p>

	excessive price inflation.	<p>combination product in all patients and, where appropriate, ensure the availability of relevant services to facilitate this change.</p> <p>Advise CCGs that if, in exceptional circumstances, there is a clinical need for oxycodone and naloxone combination product to be prescribed in primary care, this should be undertaken in a cooperation arrangement with a multi-disciplinary team and/or other healthcare professional.</p>			
Paracetamol and Tramadol Combination Product	Items which are clinically effective but where more cost-effective products are available, including products that have been subject to excessive price inflation.	<ul style="list-style-type: none"> Advise CCGs that prescribers in primary care should not initiate paracetamol and tramadol combination product for any new patient. Advise CCGs to support prescribers in deprescribing paracetamol and tramadol combination product in all patients and, where appropriate, ensure the availability of relevant services to facilitate this change 	No routine exceptions have been identified.	Do Not Prescribe (DNP)	See section 6.2 Trial of formulary alternatives e.g. Paracetamol +/- codeine or tramadol
Perindopril Arginine	Items which are clinically effective but where more cost-effective products are	<ul style="list-style-type: none"> Advise CCGs that prescribers in primary care should not initiate perindopril arginine for any new patient. 	No routine exceptions have been identified	Do Not Prescribe (DNP)	See section 6.2 Trial of formulary alternatives e.g. Ramipril

	available, including products that have been subject to excessive price inflation	<ul style="list-style-type: none"> Advise CCGs to support prescribers in deprescribing perindopril arginine in all patients and, where appropriate, ensure the availability of relevant services to facilitate this change. 		<p>Lack of data on cost-effectiveness compared with standard therapy</p> <p>Less cost-effective than current standard therapy</p>	
<p>Rubefacients (excluding topical NSAIDs and capsaicin)</p> <p>[Updated 2019]</p>	Products of low clinical effectiveness, where there is a lack of robust evidence of clinical effectiveness or there are significant safety concerns.	<ul style="list-style-type: none"> Advise CCGs that prescribers in primary care should not initiate rubefacients (excluding topical NSAIDs and capsaicin) for any new patient. Advise CCGs to support prescribers in deprescribing rubefacients (excluding topical NSAIDs and capsaicin) in all patients and, where appropriate, ensure the availability of relevant services to facilitate this change. 	<p>(note this does not include topical NSAIDs or capsaicin cream)</p> <p>No routine exceptions have been identified.</p>	<p>Do Not Prescribe (DNP)</p> <p>Lack of data on effectiveness compared with standard therapy</p> <p>All rubefacients are not recommended for prescribing</p>	Stop treatment. Patients may wish to purchase over the counter.
<p>Silk Garments</p> <p>[New 2019]</p>	Products of low clinical effectiveness, where there is a lack of robust evidence of clinical effectiveness or there are significant safety concerns.	<ul style="list-style-type: none"> Advise CCGs that prescribers in primary care should not initiate silk garments for any patient. Advise CCGs to support prescribers in deprescribing silk garments in all patients and, where appropriate, ensure the availability of relevant services to facilitate this change. 	No routine exceptions have been identified.	DNP (Do Not Prescribe)	Stop treatment. Patients may wish to purchase over the counter.

<p>Once Daily Tadalafil</p>	<p>Products which are clinically effective but where more cost-effective products are available this includes products that have been subject to excessive price inflation.</p>	<ul style="list-style-type: none"> • Advise CCGs that prescribers in primary care should not initiate once daily tadalafil for any new patient • Advise CCGs to support prescribers in deprescribing once daily tadalafil in all patients and, where appropriate, ensure the availability of relevant services to facilitate this change 	<p>No routine exceptions have been identified.</p>	<p>Do Not Prescribe (DNP): NICE TA273: Terminated appraisal for benign prostatic hyperplasia</p> <p>Do Not Prescribe (DNP): tadalafil (2.5mg & 5mg) once daily preparations - not recommended/commissioned.</p> <p>Less cost-effective than current standard therapy</p>	<p>See section 6.2 Trial of formulary alternatives e.g. sildenafil</p>
<p>Travel Vaccines (Vaccines administered exclusively for the purpose of travel)</p>	<p>Items which are clinically effective but due to the nature of the product, are deemed a low priority for NHS funding.</p>	<ul style="list-style-type: none"> • Advise CCGs that prescribers in primary care should not initiate the stated vaccines exclusively for the purposes of travel for any new patient. • N.B This is a restatement of existing regulations and no changes have been made • This guidance covers the following vaccinations which should not be prescribed on the NHS exclusively for the purposes of travel: <ul style="list-style-type: none"> • Hepatitis B • Japanese Encephalitis • Meningitis ACWY 	<p>The vaccines in this proposal are listed below and they may continue to be administered for purposes other than travel, if clinically appropriate.</p> <ul style="list-style-type: none"> - Cholera - Diphtheria/Tetanus/Polio - Hepatitis A - Typhoid <p>NHS England and NHS Clinical Commissioners recognise that the availability of vaccinations on the NHS for the purposes of travel can be confusing for prescribers and the public. The</p>	<p>Do Not Prescribe (DNP): (for travel) - For all other indications, as outlined in Immunisation Against Infectious Disease – the green book – the vaccine remains free on the NHS.</p>	<p>These vaccines should continue to be recommended for travel, but the individual traveller will need to bear the cost of the vaccination (private travel clinic /GP practice provision on a private basis)</p>

		<ul style="list-style-type: none"> • OFFICIAL • Yellow Fever • Tick-borne encephalitis • Rabies • BCG 	working group has recommended that Public Health England and Department of Health, working collaboratively with NHS England and NHS Clinical Commissioners, conduct a review of travel vaccination and publish the findings in Spring 2018.		
Trimipramine	Items which are clinically effective but where more cost-effective products are available, including products that have been subject to excessive price inflation.	<ul style="list-style-type: none"> • Advise CCGs that prescribers in primary care should not initiate trimipramine for any new patient. • Advise CCGs to support prescribers in deprescribing trimipramine in all patients and, where appropriate, ensure the availability of relevant services to facilitate this change. 	No routine exceptions have been identified.	Do Not Prescribe (DNP) Not accepted as cost effective compared to other service development opportunities within the CCGs	See section 6.2 Trial of formulary alternatives e.g. amitriptyline

References

<https://www.england.nhs.uk/wp-content/uploads/2017/11/items-which-should-not-be-routinely-prescribed-in-pc-ccg-guidance.pdf>