

CLINICAL POLICY ADVISORY GROUP (CPAG)

NHS Derby and Derbyshire ICB Position Statement: Use of Imaging in the Management of Morton's Neuroma

Statement

NHS Derby and Derbyshire ICB has deemed that the use of imaging in the management of Morton's neuroma will not be routinely commissioned.

Morton's neuroma is primarily a clinical diagnosis based on typical history and examination. The request of scans, such as ultrasound or MRI imaging are not required in primary care as these do not:

- have sufficient sensitivity or specificity to confirm or refute the diagnosis reliably
- alter the clinical management of the condition.

A referral to podiatric or foot and ankle surgery/ Musculoskeletal Clinical Assessment and Treatment Service (MSK CATS) should be undertaken in cases where patient's symptoms are refractory to conservative measures for further assessment.

Exceptions

The following indications are exceptions to the position statement:

- unclear clinical assessment
- if multiple neuromas are suspected

These commissioning intentions will be reviewed periodically. This is to ensure affordability against other services commissioned by the ICB.

Reference

- Association of Extremity Nerve Surgeons, Clinical Practice Guidelines v. 2.0 (AEN, 2020), accessed 21/09/22, <https://www.aens.us/images/aens/AENS%20CPG%20-%202.0%20-%20FINAL.pdf>
- American College of Radiology Appropriateness criteria: chronic foot pain (ACR, 2020), accessed 21/09/22, <https://acsearch.acr.org/docs/69424/Narrative/>
- NHS, Morton's neuroma, (12/01/22), accessed 21/09/22, <https://www.nhs.uk/conditions/mortons-neuroma/>
- NICE CKS, Management of Morton's neuroma (last revised November 2021), accessed 20/09/22, <https://cks.nice.org.uk/topics/mortons-neuroma/management/management/>