

## CLINICAL POLICY ADVISORY GROUP (CPAG)

### Derby and Derbyshire CCG Overarching Position Statement for Evidence-Based Interventions List 2 Guidance

#### Statement

##### Background

[The evidence-based Interventions programme](#) was published in November 2019 and is an initiative led by the Academy of Royal Colleges to improve the quality of care. It is a joint enterprise between national partners: The Academy of Medical Royal Colleges (AoMRC), NHS Clinical Commissioners (NHSCC), the National Institute for Health and Care Excellence (NICE) and NHS England and Improvement. Created by doctors and patients it is designed to reduce the number of medical or surgical interventions as well as some other tests and treatment which the evidence tells us is inappropriate for some patients in some circumstances and can sometimes do more harm than good. As well as improving outcomes it also means that we can free up valuable resources so they can be put to better use elsewhere in the NHS.

EBI2 has been included in the NHS standard contract contracts for 21/22 and extensive stakeholder engagement has taken place with our main providers to confirm assurances that our provider's clinical practices are aligned to the EBI recommendations for all 31 interventions

CPAG agreed the following process for the review of the 31 interventions by splitting the interventions into **3 categories: sections**

- **Section 1:** Interventions requiring a new restricted policy or position statement
- **Section 2:** Existing DDCCG policy/position statement that require updating to reflect the EBI2 Guidance
- **Section 3:** Interventions that form part of a pathway – to be included in an overarching position statement and forwarded to appropriate teams for actioning

As a general principle a pragmatic approach was taken to align all new and updated Policies and Position statements to the NICE age limit of 16 years and over and **not the EBI proposal of 19 years and over**

The system has been assured that clinical practice at our main providers is aligned to 30 out of the 31 EBI2 Interventions. The one intervention, where the system cannot be assured of compliance, has been passed on to the appropriate commissioning team for actioning. (see Appendix 1)

#### References:

- <https://www.aomrc.org.uk/ebi/clinician/> (Accessed 19/08/2021)

## Appendix 1 – Evidence Based Interventions List 2 Guidance

### **Section 1- Interventions that require the development of new DDCCG clinical policies**

#### **ENT**

- Surgical Intervention for Chronic Rhinosinusitis - [DDCCG Policy](#)

#### **Orthopaedics**

- Arthroscopic Surgery for Degenerate Meniscal Tears – [DDCCG Policy](#)
- Lumbar Radiofrequency Facet Joint Denervation – [DDCCG Policy](#)

#### **Cardiology**

- Exercise ECG for screening for Coronary Heart Disease – [DDCCG Position Statement](#)

#### **Urology**

- Surgical Intervention for Benign Hyperplasia is a pathway and policy not required

### **Section 2 - Interventions that are covered by pre-existing DDCCG policies/position statements that do not require updating:**

#### **Orthopaedics**

- Low Back Pain Imaging – [DDCCG Position statement](#)
- Lumbar Discectomy – [DDCCG Policy](#)
- Fusion Surgery for Mechanical Axial Low Back Pain – [DDCCG Position Statement](#)
- Cholecystectomy – [DDCCG Policy](#)
- Repair of Minimally Symptomatic Inguinal Hernia – [DDCCG Policy](#)

#### **ENT**

- Removal of Adenoids for the Treatment of Glue Ear – [DDCCG Policy](#)

#### **Paediatrics**

- Helmet Therapy for Treatment of Positional Plagiocephaly/Brachycephaly in Children – [DDCCG Position Statement](#)

### **Section 3 - Interventions that from part of a pathway - CPAG has engaged with our main providers to confirm assurances that our provider's practices are aligned to the EBI 2 recommendations for the following:**

#### **Urology**

- [Cystoscopy for men with uncomplicated lower urinary tract symptoms](#)
- [Surgical removal of Kidney stones](#)

#### **Orthopaedics**

- [Knee MRI when symptoms are suggestive of Osteoarthritis](#)
- [Knee MRI for suspected Meniscal Tears](#)
- [Vertebral augmentation \(vertebroplasty or kyphoplasty\) for painful osteoporotic vertebral fractures\)](#)
- [Shoulder Radiology Scans for shoulder pain and guided injections](#)
- [MRI of the Hip for arthritis](#)

#### **Gastroenterology**

- [Upper GI Endoscopy](#)
- [Appropriate colonoscopy in the management of hereditary colorectal cancer](#)
- [Repeat Colonoscopy](#)

#### **General Surgery**

- [ERCP in acute gallstone pancreatitis without cholangitis](#)

- [Appendicectomy without confirmation of appendicitis](#)
- [Diagnostic coronary angiography for low risk, stable chest pain](#)

#### **Anaesthetics**

- [Pre-operative chest x-ray](#)
- [Pre-operative ECG](#)

#### **Pathology**

- [Troponin test](#)
- [Prostate-specific antigen \(PSA\) test](#)
- [Liver function, creatinine kinase and lipid level tests – \(Lipid lowering therapy\)](#)

#### **Haematology**

- [Blood Transfusions](#)

#### **Cardiology**

- [Diagnostic coronary angiography for low risk, stable chest pain](#) – as the system is not assured of provider compliance with this EBI2 intervention, the contracting department have been made aware and it has also been passed to the appropriate commissioning teams for actioning. This will be raised at the CVD Delivery Group Meeting on 14 September to agree how compliance is to be achieved

## Appendix 2 – Consultees for the 31 Interventions

<b>Consultee</b>
Clinical Policies Advisory Group
Joint Area Prescribing Committee
Academy of Medical Royal Colleges
Clinical Director, Integrated Surgery, Surgical Division, CRH
Clinical Director for Critical Care and Anesthesia, CRH
Consultant Cardiologist, CRH
Consultant Urologist, CRH
Consultant Otolaryngologist, Head, Neck & Thyroid Surgeon, CRH
Consultant Orthopaedic Surgeon, CRH
Consultant General & Colorectal Surgeon, CRH
Consultant in General & Upper Gastro-intestinal Surgery, CRH
Deputy Chair National Blood Transfusion Committee, Consultant in Anaesthetics and Intensive Care Medicine, CRH
Divisional Director of Surgical Services, CRH
Clinical Director for General Medicine, CRH
Consultant Orthopaedic Surgeon, UHDB
Consultant Urologist, UHDB
Consultant Orthopaedic Surgeon, UHDB
Consultant Cardiologist, UHDB
Clinical Director for Trauma and Orthopaedics, UHDB
Consultant in ENT, Head & Neck Surgeon, UHDB
Consultant Trauma, Orthopaedic & Spinal Surgeon, Asst Clinical Director, UHDB
Consultant General Surgeon, UHDB
Lead for Transfusion Services. UHDB
Consultant Radiologist, UHDB
Upper Limb & Hand Surgeon, UHDB

Consultant Gastroenterologist, Clinical Lead (ACD) for Endoscopy, Clinical Director for South Derbyshire Bowel Cancer Screening Programme, UHB
Acting General Manager, Outpatient Physio, OT and MSK Services, DCHS (responding on behalf of Clinical Leads for MSK)
Clinical Policies Advisory Group
Clinical Lay Commissioning Committee

### Appendix 3 – Document Update

<b>Document Update</b>	<b>Date Updated</b>
Version 1- Derby and Derbyshire CCG Overarching Position Statement for al 31 EB12 Interventions	September 2021