DERBYSHIRE JOINT AREA PRESCRIBING COMMITTEE (JAPC) Algorithm For The Treatment of Refractory Symptomatic Chronic Constipation in adults (NICE TA211#)

JAPC classification Anatomical, iatrogenic¹ and biochemical causes excluded Prucalopride - GREY after gastro consultant/specialist Dietary intervention/Exercise/Fluid/Regular meals initiation. GPs may continue to prescribe as per algorithm Has patient completed a trial of a first laxative at the highest tolerated dose for at least 6 months, or for a reasonable time²? Has patient completed a trial of a second laxative from a different class at the highest tolerated dose for at least 6 months, or for a reasonable time²? Yes - improved Yes - failed, stop laxative

No

Linaclotide is an option for patients with irritable bowel syndrome with constipation (IBS-C) following initiation and assessment by specialist.

Continue laxative

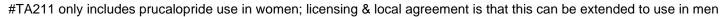
treatment

2° care responsibility

1° care responsibility

See IBS guideline.

Naloxegol (NICE TA345) is an option for treating opioid induced constipation after consultant/specialist initiation and stablisation for 3 months



Stop prucalopride and

consider other measure

(enemas, colonic lavage,

surgical options)

Refer to specialist

- 1. latrogenic causes = opiates, tricyclic anti-depressants, anti-cholinergics and calcium containing antacids
- 2. local expert advice

Commence prucalopride

Phone patient after 4 weeks

Did patient improve³?

Yes

Yes

Yes

Continue prucalopride treatment

12 monthly reviews by GP

Treatment beneficial?

No

Consider a 3 month treatment break²

Beneficial?

3. Improvement = three or more spontaneous bowel movements per week

No