

## DERBYSHIRE JOINT AREA PRESCRIBING COMMITTEE (JAPC)

## Blood glucose and ketone meters, testing strips and lancets formulary

NHSE, in April 2023 undertook a detailed evaluation process to identify preferred blood glucose and ketone meters, testing strips and lancets. Using a national specification, both quality and cost were considered to develop the national recommendations. The recommended meters, strips and lancets have passed a rigorous evaluation process ensuring that only the best of the highest quality and, cost-effective devices are approved.

Based on national recommendations, JAPC has opted for 2 options per category. This is to ensure resilience in the supply chain.

In the table below are listed the <u>JAPC preferred options</u> for the patient categories. To see all the listed options please refer to the full <u>NHSE commissioning recommendations</u>.

Category	Patient cohort	Meter	Blood glucose test strips (50 strips)	Ketone test strips (10 strips)	Lancets
1 a & b	Type 1 diabetes	GlucoFix Tech GK *additional functionality	GlucoFix Tech Sensors	GlucoFix Tech B-Ketone Sensors	Glucoject plus 0.22/33G
	ketosis prone Type 2 diabetes	GlucoRx HCT	GlucoRx HCT	GlucoRx HCT Ketone	GlucoRx 30G
2	Time O dishetes	On Call Extra Mobile	On Call Extra Test Strips		On Call 30G
	Type 2 diabetes	GlucoRx Q	GlucoRx Q Test Strips		GlucoRx 30G
3	Type 2 diabetes  Meters and strips which are suitable for people with Type 2 diabetes that require additional functionality*  See NHSE commissioning recommendations for further details				
4	Type 1 & 2 Diabetes Lancets which are suitable for the majority of people, and which are suitable for people that require additional functionality* See NHSE commissioning recommendations for further details				

<sup>\*</sup>Additional functionality includes features such as on-board carbohydrate counting calculator, large display for visual impairment, and extra memory for Group 2 drivers.

• If either of the preferred options for categories 1 and 2 are not suitable, then any meter with blood glucose test strips costing less than £9 for 50, ketone testing strips less than £10 for 10 and corresponding lancets costing less than £4 per 100 are suitable for prescribing.

- **Supply of meters** Any patient newly diagnosed with diabetes should be assessed by a healthcare professional and supplied a suitable meter if self-monitoring of blood glucose is required. Training on the correct use, storage and interpretation of readings should be provided.
- Existing people with diabetes Where people with diabetes are already using meters that are not on the recommended list of products. These people should be offered an alternative meter at the earliest opportunity following a discussion with their healthcare professional.
- All suppliers will provide, free of charge, the recommended meters, lancing devices, and ongoing free control solutions to all healthcare settings across England in primary care, secondary care and to service users.
- All prices quoted in the commissioning recommendations are the prices contained within the drug tariff
  as of 1st April 2023, which can be subject to change. NHS England will continue to monitor the drug
  tariff prices to ensure they continue to deliver best value. Local review of preferred options will take
  place following National review.
- Freestyle Libre 2/Dexcom One sensors are not considered in this document because they measure interstitial glucose rather than blood glucose.
- Patients on Insulin pumps will require the specific meter corresponding to the pump being used.

Included in appendices 1 & 2 are the JAPC preferred options for category 1 and 2.

Document control	Date

## Appendix 1

Category 1a & 1b - Type 1 diabetes or ketosis prone Type 2 diabetes. JAPC preferred choices

Category	Meter		Key Features	Blood Glucose Test Strips (£)	Ketone Test Strips (£)
1a & 1b All patients' cohorts requiring enhanced	A. Menarini Diagnostics GlucoFix	Connectivity Applications Warnings	QuickLink NFC, Bluetooth and dedicated USB cable GlucoLog Lite, GlucoLog Web & RapidCalc Bolus advise, Glooko and Diasend Hypo/Hyper alert up to six settable acoustic alarms (3 Glucose	GlucoFix Tech Sensors Test Strips	GlucoFix Tech B- Ketone Sensors Test Strips
functionality	Tech GK	Alerts	Alarms & 3 Ketone Alarms)  Hypo & Hyper Alerts & four markers available	£5.95 Pack/50	£9.95 Pack/10
		Sample Size	0.5μL- Glucose / 0.8 μL- Ketone	-	
	Glu 120 mmd L 120 mmd L 121 mmd L	Reaction time  Display	5 Seconds- glucose/ 8 Seconds- ketone  Large, bright display, 4.8cm x 4cm	-	
	A D D	Meter size Technical Support	10.7cm x 5.8cm x 1.35cm  www.glucomen.co.uk/glucofix-tech	_	
		Other features	No coding needed, Meal markers, Extra-large memory, Strip ejector, Averages 1, 7, 14, 30, 60, 90 days		
		Recommended Cohorts	<ul> <li>Carbohydrate Counting</li> <li>Cognitive Impairment</li> <li>Dexterity</li> <li>Group 2 Driver</li> <li>Learning Difficulties</li> <li>No Fixed Abode</li> <li>Paediatrics</li> <li>Unable to read English</li> <li>Visually Impaired</li> </ul>		

Blood Glucose & ketone meter, testing strips and lancets formulary

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Category	Meter		Key Features	Blood Glucose Test Strips (£)	Ketone Test Strips (£)
1a	GlucoRx HCT	Connectivity	Smart phone connectivity to 'GlucoRx Voyager.' USB cable for free Windows software: 'GlucoRx HealthCare Management System' & 'GlucoRx Voyager.' GlucoRx meter and Voyager are integrated with (I) Apple Health app (II) 'Vision'	GlucoRx HCT Glucose Test Strips	GlucoRx HCT Ketone Test Strips
	55 HET 40,	Applications	Diasend®/Glooko® and Eclipse Remote Platform (https://www.eclipselive.org)	£8.95 Pack/50	£9.95 Pack/10
	西 6000g	Warnings	<ul> <li>High &amp; Low results</li> <li>Ketone warning with glucose results ≥15mmol/L</li> <li>High/Low temperature</li> <li>Low battery</li> </ul>		
		Alerts	Error messages for used test strip insertion, Problem in Operation, Premature strip removal, Insufficient blood volume		
		Sample Size	1.0µl		
		Reaction time	5 seconds for glucose test/10 seconds for ketone test		
		Display	Large backlit screen, large numbers		
		Meter size	96 (L) x 61 (W) x 26 (H) mm		
		Technical Support	www.glucorx.co.uk		
		Other features	<ul> <li>Auto QC tagging</li> <li>Day averages</li> <li>Discreet testing</li> <li>Haematocrit Correction Technology</li> <li>Meal markers</li> <li>Strip ejector</li> <li>4 alarms</li> </ul>		

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Appendix 2 Category 2 – Type 2 diabetes. JAPC preferred choices

Category	Supplier	Meter	Key Features				Blood Glucose Test Strips (£)	
2	Connect 2 Pharma	On Call Extra Mobile	Connectivity	Bluetooth	On Call Extra Test Strips			
		On-Call Extra Mobile 2-20 15: 12 ok mg/dt.	Applications	On Call® Diabetes Management Software and Glooko® (formerly Diasend®)	£5.20			
			Warnings	Hyper, Hypo, Ketone	Pack/50			
			Alerts	Five daily test reminders				
			Sample Size	0.4 μL				
			Reaction time	4 seconds				
			Display	50 mm x 25 mm				
			Meter size	75 mm × 40 mm × 13 mm				
			Technical Support	www.oncallmeters.co.uk				
			Other features	<ul> <li>Easy to use with a large clear screen</li> <li>Meal markings</li> <li>No coding, easy strip insertion</li> <li>Small and convenient</li> <li>Soft touch buttons</li> </ul>				

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Category	Supplier	Meter	Key Features		itoy i cuturos		Blood Glucose Test Strips (£)
2	GlucoRx	GlucoRx Q	Connectivity  Applications	Smart phone connectivity to free 'GlucoRx Voyager.' USB cable for free Windows software: 'GlucoRx HealthCare Management System' & 'GlucoRx Voyager.' GlucoRx meter and Voyager are integrated with (I) Apple Health app (II) 'Vision'  Diasend®/Glooko® and Eclipse Remote Platform	GlucoRx Q Test Strips £5.45 Pack/50		
		ຸ້າວ	, ipplications	(https://www.eclipselive.org)			
	** B B B B B B B B B B B B B B B B B B		Warnings	<ul><li>High &amp; Low results</li><li>High/Low temperature</li><li>Low battery</li></ul>			
			Alerts	<ul> <li>Error messages for Used test strip insertion,</li> <li>Problem in Operation,</li> <li>Premature strip removal,</li> <li>Insufficient blood volume</li> </ul>			
			Sample Size	0.7μΙ			
			Reaction time	7 seconds			
			Display	Backlit screen Large numbers	-		
			Meter size	93(L) x 36(W) x 21.3(H) mm			
			Technical Support	www.glucorx.co.uk			
			Other features	<ul> <li>Alternative Site Testing</li> <li>Day averages</li> <li>Discreet testing</li> <li>Meal markers</li> <li>4 Alarms</li> </ul>			

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